

In the Claims

1. Method for treating excessive blood lipid levels in humans comprising:
daily administering orally a therapeutically effective amount of fish oil concentrate, niacin, and lecithin, in combination.
- 5 2. The method of claim 1 wherein lecithin is administered in two 1200mg tablets.
3. The method of claim 1 wherein niacin is administered in two 500mg soft gels.
4. The method of claim 3 wherein the niacin is present in the form of inositol hexanicotinate.
- 10 5. The method of claim 1 wherein the fish oil concentrate is present in the form of two 1250mg soft gels.
6. The method of claim 5 wherein the two soft gels contain about 450mg of eicosapentaenoic acid and about 300mg of docosahexaenoic acid.
- 15 7. The method of claim 1 wherein said daily administration extends at least six to seven weeks.